

Sunday - May 30 2021

Faithing the Future with a Renewed Heart

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Today's Scripture: Psalm 42:1-8

BE AWARE OF THE DANGER OF SPIRITUAL NEGLECT

- “As the deer pants for the water brooks, so pants my soul for You, O God. My soul thirst for God, for the living God. When shall I come and appear before God? My tears have been my food day and night, while they continually say to me, ‘Where is your God?’”
Psalm 42:1-3
- The Psalmist felt as though he was light years away from the Lord
 - *“My tears have been my food day and night” Psalm 42:3*
 - *“I pour out my soul within me.” Psalm 42:4*
 - *“My soul is cast down within me” Psalm 42:6*
- What are some of the factors that drain your soul?
 - Physical exhaustion
 - Spiritual neglect
 - Negative stress – even positive stress
 - Living in a broken world

FAITH THE FUTURE BY HONESTLY ADMITTING YOUR NEEDS

- *“As the deer pants for the water brooks, so pants my soul for You, O God.” Psalm 42:1*
- This is the heart cry of a person who is honestly admitting that something has to change
- When you have been burning your candle at both ends for too long, the best thing you can do is to be honest
- *“A prayer to be said when the world has gotten you down, and you feel rotten, and you’re too doggone tired to pray, and you’re in a big hurry, and besides, you’re mad at everybody... HELP!!!”*

FAITH THE FUTURE BY RENEWING YOUR SOUL IN WORSHIP

- Regular worship is not a luxury; it is a necessity
- Nothing can take the place of authentic worship
- Psalm 42 reveals a person who knows how important walking with God is, but who has neglected his commitment to worship
- *"I used to go with the multitude; I went with them to the house of God, with the voice of joy and praise, with a multitude that kept a pilgrim feast." Psalm 42:4*
- We all need to build time for worship in our lives
 - Personal Worship
 - Church Worship
 - Worship from the Heart

FAITH THE FUTURE BY CHOOSING TO BE A PERSON OF HOPE

- *"Why are you cast down, O my soul? And why are you disquieted within me? Hope in God, for I shall yet praise Him for the help of His countenance." Psalm 42:5*
- The Psalmist made a basic choice: "I will."
- *"The Lord will command His lovingkindness in the daytime, and in the night His son shall be with me – a prayer to the God of my life." V.8*
- God's recipe for Renewal
 - Believe in God's Love
 - Trust His plan.
 - Be grateful for His goodness.
 - See His hand at work all around you.